

DESTINATION GÖTEBORG & WORLD MASTERS CHAMPIONSHIPS!



On the way to Göteborg we offer you a number of opportunities to get in shape and train for the World Masters under professional coaching with seminars on training for masters swimmers and analysis of your swim styles with under-water camera. We coach in English, German and the Nordic languages including Finnish! For more information on camps, coaching and other details please contact:

Glen Christiansen under: christiansen@swimstars.de or gc1769@gmail.com

Here are the dates for already planned camps:

November 14– 20, 2009 Tenerife, Spain

November 21 – 22, 2009 Dublin, Ireland

December 13, 2009 Hamburg, Germany

December 27- January 3 (alt. 6), 2010 Tenerife, Spain

January 25 – February 2 Tenerife, Spain

February 3 – February 10 Tenerife, Spain

February 13 – 14 Göteborg, Sweden

February 27 – 28 Malmö, Sweden

May 13 – 16 Göteborg, Sweden

June 21 – 31 Tenerife, Spain

www.glen-christiansen.com